

## Health security in research

- Data collectors arrive to the daycare centre only if they are healthy.
- Data collectors wash their hands as they enter and leave the daycare centre.
- There are a maximum of two data collectors on site and they keep face masks indoors.
- Measurements are made simultaneously for a maximum of two (2) children.
- Data collectors ensure that children either wash their hands before arriving for measurements or sanitize their hands.
- Data collectors have as little contact with the child as possible.  
Contact will happen:
  - when attaching accelerometers to the child's wrist and waist
  - in the measurement of weight, height and waist circumference
  - only one data collector with sanitized hands applies to the length gauge and the measuring tape (the child is measured in light clothing, the waist circumference is measured under the shirt)
  - the scale is sanitized after each child's use (children are measured with their socks on)
- The measuring equipments are sanitized after every child.
- The accelerometers, wristbands and waistbands used for home measurements are cleaned before the meters are passed on to the next child.
- Data collectors keep a physical distance from other adults in daycare centre.
- In addition, data collectors follow daycare-specific health safety guidelines.